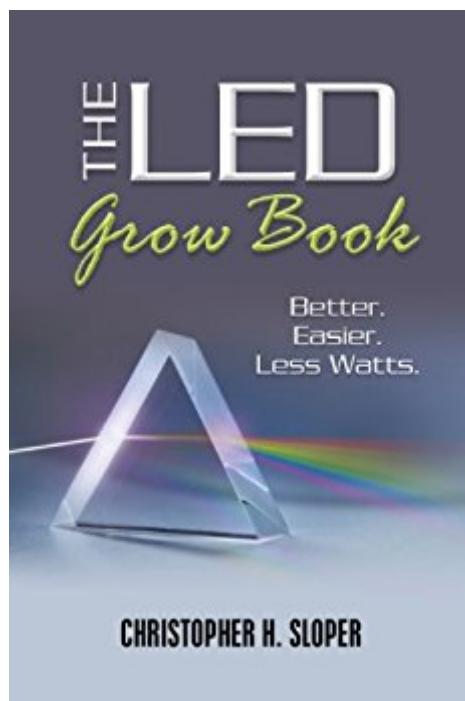


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# The LED Grow Book



## Synopsis

In The LED Grow Book, Christopher Sloper shares insights gained from years of researching and growing indoors with LED grow lights – the coolest lighting technology to hit the indoor gardening industry in a decade. The LED Grow Book doesn't stop at explaining how LED grow lights work and how to pick one. It continues with an in-depth guide to effective indoor gardening practices with chapters on grow spaces and systems, plant nutrition and feeding, pest control and more. The LED Grow Book is a must-read for anyone who is serious about gardening indoors – even if you never plan to use a LED grow light. It's chock full of indoor gardening tips that will make every indoor gardener more successful. This book will help the reader:

- Avoid costly mistakes
- Design the perfect grow room
- Dispel the myths that surround indoor gardening
- Achieve better yields with less energy
- Both electrical and human
- Grow healthier plants that resist pests and produce bountiful harvests

## Book Information

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## Customer Reviews

This book has a lot of information about general indoor gardening that is very good. It has too much quite technical stuff--chemistry and physics-- that most people will not be able to understand. I laughed when he advised all growers to take a college level chemistry class. A college level

chemistry class is going to require some higher math knowledge and some kind of science behind you helps. Some people are simply liberal arts people, it doesn't mean they cannot be wonderful gardeners. Unfortunately, it really didn't have enough specific information about the differences between growing with LEDs and HIDs. I was excited to find this book as I am one switching from HIDs to LED, but was disappointed upon reading it. Most of it is general and logical...less heat, less ventilation needed, may need to adjust your nutrients, without any specific information. For instance, in other reading I have picked up some tidbits. I have read that you should trim up the bottoms of your plants, and spread them out to allow for more light penetration. I have read that you feed lighter because the LEDs help the plants utilize their nutrients better. I have read that the lights need to be generally 18-24" away to get full spectrum spread and prevent bleaching. I was looking for specifics, but this book offered only broad generalities in the difference between HIDs and LEDs. I gave it a 5 star rating though because it does offer very good general indoor growing information that would be helpful with any type of lighting. The section of primary, secondary, and micro nutes was very informative, especially for a new indoor grower.

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